# Methylphenidate Hydrochloride Chewable Tablets

#### DESCRIPTION

Methylphenidate hydrochloride is a mild central nervous system (CNS) stimulant, available as 2.5 mg, 5 mg and 10 mg chewable tablets for oral administration. Methylphenidate hydrochloride is methyl α-phenyl-2-piperidineacetate hydrochloride, and its structural formula is

Methylphenidate hydrochloride USP is a white to off-white powder. Its solutions are acid to litmus. It is soluble in water, alcohol, and chloroform

Each Methylphenidate Hydrochloride Chewable Tablet, for oral administration, contains 2.5 mg, 5 mg or 10 mg of methylphenidate hydrochloride USP. In addition, Methylphenidate Hydrochloride Chewable Tablets also contain the following inactive ingredients: aspartame, maltose, microcrystalline cellulose, grape flavor, pregelatinized starch, phosphoric acid, and stearic acid.

#### CLINICAL PHARMACOLOGY

Methylphenidate is a racemic mixture comprised of the d- and I-threo enantiomers. The d-threo enantiomer is more pharmacologically active than the I-three enantiomer

Methylphenidate HCI is a central nervous system (CNS) stimulant

The mode of therapeutic action in humans is not completely understood, but methylphenidate presumably activates the brain stem arousal system and cortex to produce its stimulant effect. Methylphenidate is thought to block the reuptake of norepinephrine and dopamine into the presynaptic neuron and increase the release of these mo pamines into the extraneuronal space.

There is neither specific evidence which clearly establishes the mechanism whereby Methylphenidate Hydrochloride Chewable Tablets produces its menta and behavioral effects in children, nor conclusive evidence regarding how these effects relate to the condition of the central nervous system.

#### Pharmacokinetics

#### Absorption

Methylphenidate Hydrochloride Chewable Tablets are readily absorbed. Following oral administration of Methylphenidate Hydrochloride Chewable Tablets, peak plasma methylphenidate concentrations are achieved at about 1 to 2 hours. pasma menyipinindae concentrations are achieved at about  $10.2\,$  mod Methylphenidate Hydrochloride Chewable Tablets have been shown to bioequivalent to Ritalin® tablet. The mean  $C_{max}$  following a 20 mg dose approximately 10 ng/mL.

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Hydrochloride U

In a study in adult volunteers investigating the effects of a high-fat meal on the bioavailability of Methylphenidate Hydrochloride Chewable Tablets at a dose of 20 mg, the presence of food delayed the peak concentrations by approximately 1 hour (1.5 hours, fasted and 2.4 hours, fed). Overall, a high-fat meal increased the AUC of Methylphenidate Hydrochloride Chewable Tablets by about 20%, on average. Through a cross-study comparison, the magnitude of food effect is found to be comparable between the Methylphenidate Hydrochloride Chewable Tablets and Ritalin, the immediate release tablet.

## Metabolism and Excretion

In humans, methylphenidate is metabolized primarily via deesterification to alpha-phenylpiperidine acetic acid (PPA, ritalinic acid). The metabolite has little or no pharmacologic activity.

After oral dosing of radiolabeled methylphenidate in humans, about 90% of the radioactivity was recovered in urine. The accounting for approximately 80% of the dose.

The pharmacokinetics of the Methylphenidate Hydrochloride Chewable Tablets have been studied in healthy adult volunteers. The mean terminal half-life (t1/4) of methylphenidate following administration of 20 mg Methylphei Hydrochloride Chewable Tablets ( $t_{1/2} = 3$  hours) is comparable to the mean terminal  $t_{1/2}$  following administration of Ritalin (methylphenidate hydrochloride release tablets) ( $t_{1/2}$  = 2.8 hours) in healthy adult volume

## Special Populations

Gender – The effect of gender on the pharmacokinetics of methylphenidate after phenidate Hydrochloride Chewable Tablets administration has not been

Race – The influence of race on the pharmacokinetics of methylphenidate afte thylphenidate Hydrochloride Chewable Tablets administration has not been studied.

Age - The pharmacokinetics of methylphenidate after Methylphenidate ride Chewable Tablets administration hav

There is no experience with the use of Methylphenidate Hydrochloride Chewable Tablets in patients with renal insufficiency. After oral administration of radiolabeled methylphenidate in humans, methylphenidate was extensively metabolized and approximately 80% of the radioactivity was excreted in the urine in the form of ritalinic acid. Since renal clearance is not an important route of methylphenidate clearance, renal insufficiency is expected to have little effect on the pharmacokinetics of Methylphenidate Hydrochloride Chewable Tablets.

## Henatic Insufficiency

There is no experience with the use of Methylphenidate Hydrochloride Chewable Tablets in patients with hepatic insufficiency.

#### INDICATIONS AND USAGE

#### Attention Deficit Disorders, Narcolepsy

Attention Deficit Disorders (previously known as Minimal Brain Dysfunction in Children). Other terms being used to describe the behavioral syndrome below include: Hyperkinetic Child Syndrome, Minimal Brain Damage, Minimal Cerebral Dysfunction, Minor Cerebral Dysfunction.

Methylphenidate Hydrochloride Chewable Tablets are indicated as an integral part of a total treatment program which typically includes other remedial me or a total treatment program winch typically includes other remedial measures (psychological, educational, social) for a stabilizing effect in children with a behavioral syndrome characterized by the following group of developmentally inappropriate symptoms: moderate-to-severe distractibility, short attention span, hyperactivity, emotional lability, and impulsivity. The diagnosis of this syndrome should not be made with finality when these symptoms are only of comparatively recent origin. Nonlocalizing (soft) neurological signs, learning disability, and abnormal EEG may or may not be present, and a diagnosis of central nervous system dysfunction may or may not be warranted

#### Snecial Diagnostic Considerations

test. Adequate diagnosis requires the use not only of medical but of special psychological, educational, and social resources.

Characteristics commonly reported include: chronic history of short attention onal activities commonly reported include: cultoring instituty of single attention span, distractibility, emotional lability, impulsivity, and moderate-to-severe hyperactivity; minor neurological signs and abnormal EEG. Learning may or may not be impaired. The diagnosis must be based upon a complete history and evaluation of the child and not solely on the presence of one or more of these

Drug treatment is not indicated for all children with this syndrome. Stimulants are Drug treatment is not indicated for all children with this syndrome. Stimulants are not intended for use in the child who exhibits symptoms secondary to environmental factors and/or primary psychiatric disorders, including psychosic Appropriate educational placement is essential and psychosocial intervention is generally necessary. When remedial measures alone are insufficient, the decision to prescribe stimulant medication will depend upon the physician's assessment of the chronicity and severity of the child's symptoms

#### CONTRAINDICATIONS

Hydrochloride Chewable Tablets, since the drug may aggravate these symptoms. Methylphenidate Hydrochloride Chewable Tablets are contraindicated also in patients known to be hypersensitive to the drug, in patients with glaucoma, and in patients with motor tics or with a family history or diagnosis of Tourette's

Methylphenidate Hydrochloride Chewable Tablets are contraindicated d treatment with monoamine oxidase inhibitors, and also within a minimum of 14 days following discontinuation of a monoamine oxidase inhibitor (hypertensive crises may result).

#### WARNINGS

## Sudden Death and Pre-Existing Structural Cardiac Abnormalities or Other

<u>Children and Adolescents</u> – Sudden death has been reported in association with CNS stimulant treatment at usual doses in children and adolescents with structural cardiac abnormalities or other serious heart problems. Although some serious heart problems alone carry an increased risk of sudden death, stimulant products generally should not be used in children or adolescents with known serious structural cardiac abnormalities, cardiomyopathy, serious heart rhythm abnormalities, or other serious cardiac problems that may place them at increased rulnerability to the sympathomimetic effects of a stimulant drug.

Adults – Sudden deaths, stroke, and myocardial infarction have been reported i Adults taking stimulant drugs at usual doses for ADHD. Although the role of stimulants in these adult cases is also unknown, adults have a greater likelihood than children of having serious structural cardiac abnormalities, cardiomyopathy. serious heart rhythm abnormalities, coronary artery disease, or other serious cardiac problems. Adults with such abnormalities should also generally not be treated with stimulant drugs

## Hypertension and other Cardiovascular Conditions

Stimulant medications cause a modest increase in average blood pressure (about 2 to 4 mmHg) and average heart rate (about 3 to 6 bpm), and individuals may have 2 to 4 mmrig) and average nearr rate (about 3 to 6 bpm), and individuals may have larger increases. While the mean changes alone would not be expected to have short-term consequences, all patients should be monitored for larger changes in heart rate and blood pressure. Caution is indicated in treating patients whose underlying medical conditions might be compromised by increases in blood pressure or heart rate, e.g., those with pre-existing hypertension, heart failure, recent myocardial infarction, or ventricular arrhythmia

## Assessing Cardiovascular Status in Patients being Treated with Stimulant

stimulant medications should have a careful history (including assessment for a family history of sudden death or ventricular arrhythmia) and physical exam to assess for the presence of cardiac disease, and should receive further cardiac evaluation if findings suggest such disease (e.g., electrocardiogram and echocardiogram). Patients who develop symptoms such as exertional chest pain nexplained syncope, or other symptoms suggestive of cardiac disease during timulant treatment should undergo a prompt cardiac evaluation.

Pre-Existing Psychosis – Administration of stimulants may exacerbate symptoms of behavior disturbance and thought disorder in patients with a pre-existing

in patients with comorbid bipolar disorder because of concern for possible induction of a mixed/manic episode in such patients. Prior to initiating treatment with a stimulant, patients with comorbid depressive symptoms should be adequately screened to determine if they are at risk for bipolar disorder; such screening should include a detailed psychiatric history, including a family history of suicide hinolar disorder and depression

Emergence of New Psychotic or Manic Symptoms - Treatment emergent sychotic or manic symptoms, e.g., hallucinations, delusional thinking, or mania n children and adolescents without a prior history of psychotic illness or mania can be caused by stimulants at usual doses. If such symptoms occur consideration should be given to a possible causal role of the stimulant, and consideration should be given to a possible causal fole of the stimulant, and iscontinuation of treatment may be appropriate. In a pooled analysis of multiple short-term, placebo-controlled studies, such symptoms occurred in about 0.1% (4 patients with events out of 3482 exposed to methylphenidate or amphetamine or several weeks at usual doses) of stimulant-treated patients compared to 0 in placebo-treated patients.

Angression - Aggressive behavior or hostility is often observed in children and ssoin – Aggressive belavior or instally is other observed in clinical trials and the arketing experience of some medications indicated for the treatment of . Although there is no systematic evidence that stimulants cause aggressive ADDID. Annough line is no systematic evidence that similaris cause aggressive behavior or hostility, patients beginning treatment for ADHD should be monitored for the appearance of or worsening of aggressive behavior or hostility.

#### Seizures

There is some clinical evidence that stimulants may lower the convulsive threshold in patients with prior history of seizures, in patients with prior EEG abnormalities in absence of seizures, and, very rarely, in patients without a history of seizures and no prior EEG evidence of seizures. In the presence of seizures, the drug should be discontinued.

#### Prianism

Prolonged and painful erections, sometimes requiring surgical intervention, have been reported with methylphenidate products in both pediatric and adult patients. Priapism was not reported with drug initiation but developed after some time on the drug, often subsequent to an increase in dose. Priapism has also appeared during a period of drug withdrawal (drug holidays or discontinuation); Patients elop abnormally sustained or frequent and painful erections should seek immediate medical attention

#### Peripheral Vasculopathy, Including Raynaud's Phenomeno

ants, including Methylphenidate Hydrochloride Chewable Tablets, used to reat ADHD are associated with peripheral vasculopathy, including Raynaud's menon. Signs and symptoms are usually intermittent and mild: howeve ery rare sequelae include digital ulceration and/or soft tissue breakdown. Effects of peripheral vasculopathy, including Raynaud's phenomenon, were observed in post-marketing reports at different times and at therapeutic doses in all age groups throughout the course of treatment. Signs and symptoms generally improve after reduction in dose or discontinuation of drug. Careful observation for digital changes is necessary during treatment with ADHD stimulants. Further clinical evaluation (e.g., rheumatology referral) may be appropriate for certain

#### Long-Term Suppression of Growth

Careful follow-up of weight and height in children ages 7 to 10 years who were andomized to either methylphenidate or non-medication treatment groups over 14 months, as well as in naturalistic subgroups of newly methylphenidate-treating and non-medication treated children over 36 months (to the ages of 10 to 13 years) suggests that consistently medicated children (i.e., treatment for 7 day per week throughout the year) have a temporary slowing in growth rate (on average, a total of about 2 cm less growth in height and 2.7 kg less growth in weight over 3 years), without evidence of growth rebound during this period of

Published data are inadequate to determine whether chronic use of amphetamines may cause a similar suppression of growth, however, it is anticipated that they likely have this effect as well. Therefore, growth should be monitored during treatment with stimulants, and patients who are not growing or gaining height or weight as expected may need to have their treatment interrupted.

Difficulties with accommodation and blurring of vision have been reported with

## LISE IN CHILDREN LESS THAN SIX YEARS OF AGE

Methylphenidate Hydrochloride Chewable Tablets should not be used in children under six years, since safety and efficacy in this age group have not been

## DRUG ABUSE AND DEPENDENCE

notionally unstable patients, such as those with a history of drug dependenc alcoholism, because such patients may increase dosage on their ow

with varying degrees of abnormal behavior. Frank psychotic episodes can occur, especially with parenteral abuse. Careful supervision is required during drug withdrawal, since severe depression as well as the effects of chronic overactivity can be unmasked. Long-term follow-up may be required because of the patient's basic personality disturbances.

necessary.

Periodic CBC, differential, and platelet counts are advised during prolonged

should be considered only in light of the complete history and evaluation of the child. The decision to prescribe Methylphenidate Hydrochloride Chewable Tablets should depend on the physician's assessment of the chronicity and severity of the child's symptoms and their appropriateness for his/her age. Prescription should end solely on the presence of one or more of the behavioral

Methylphenidate Hydrochloride Chewable Tablets is usually not indicated.

Prescribers or other health professionals should inform patients, their families. and their caregivers about the benefits and risks associated with treatment with nethylphenidate and should counsel them in its appropriate use. A patient metrylpnenidate and should counsel them in its appropriate use. A patient Medication Guide is available for Methylphenidate Hydrochloride Chewable Tablets. The prescriber or health professional should instruct patients, their families, and their caregivers to read the Medication Guide and should assist them in understanding its contents. Patients should be given the opportunity to discuss the contents of the Medication Guide and to obtain answers to any questions they may have. The complete text of the Medication Guide is reprinted at the end of this

Physicians are advised to discuss the following issues with patients for whom

Choking - Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, c difficulty in swallowing or breathing after taking this product, seek immediat

**Directions** – Take this product (child or adult dose) with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. See choking warning.

#### Prianism

Advise patients, caregivers, and family members of the possibility of painful or prolonged penile erections (priapism). Instruct the patient to seek immediate medical attention in the event of priapism.

## Circulation Problems in Fingers and Toes (Peripheral Vasculopathy, Including

- Instruct patients beginning treatment with Methylphenidate Hydrochloride Chewable Tablets about the risk of peripheral vasculopathy, including Raynaud's Phenomenon, and associated signs and symptoms: fingers or toes may feel numb, cool, painful, and/or may change color from pale, to blue, to
- Instruct patients to report to their physician any new numbness, pain, skin
- color change, or sensitivity to temperature in fingers or toes.

  Instruct patients to call their physician immediately with any signs of unexplained wounds appearing on fingers or toes while taking Methylphenidate Hydrochloride Chewable Tablets.
- Further clinical evaluation (e.g., rheumatology referral) may be appropriate for certain patients.

Phenylketonurics – Phenylalanine is a component of aspartame. Each 2.5 mg Prenylatanine is a component of aspartame. Each 2.5 mg Methylphenidate Hydrochloride Chewable Tablet contains 0.42 mg of phenylalanine; each 5.0 mg Methylphenidate Hydrochloride Chewable Tablet contains 0.84 mg of phenylalanine and each 10.0 mg Methylphenidate Hydrochloride Chewable Tablet contains 1.68 mg of phenylalanine.

#### Drug Interactions

Methylphenidate Hydrochloride Chewable Tablets may decrease the hypotensive effect of quanethidine. Use cautiously with pressor agents

Human pharmacologic studies have shown that Methylphenidate hydrochloride may inhibit the metabolism of coumarin anticoagulants, anticonvulsants (phenobarbital, diphenylhydantoin, primidone), phenylbutazone, and tricyclic drugs (imipramine, clomipramine, desipramine). Downward dosage adjustments of these drugs may be required when given concomitantly with Methylphenidate hydrochloride

#### Carcinogenesis, Mutagenesis, Impairment of Fertility

In a lifetime carcinogenicity study carried out in B6C3F1 mice, methylphenidate caused an increase in hepatocellular adenomas and, in males only, an increase in hepatoblastomas, at a daily dose of approximately 60 mg/kg/day. This dose is approximately 30 times and 2.5 times the maximum recommended human dose on a mg/kg and mg/m<sup>2</sup> basis, respectively. Hepatoblastoma is a relatively rare rodent malignant tumor type. There was no increase in total malignant hepatic tumors. The mouse strain used is sensitive to the development of hepatic tumors. and the significance of these results to humans is unknown

Methylphenidate did not cause any increase in tumors in a lifetime carcinogenicity study carried out in F344 rats; the highest dose used was approximately 45 mg/kg/day, which is approximately 22 times and 4 times the maximum recommended human dose on a mg/kg and mg/m2 basis, respectively.

Methylphenidate was not mutagenic in the *in vitro* Ames reverse mutation assay In the *in vitro* mouse lymphoma cell forward mutation assay. Sister chromation anges and chromosome aberrations were increased, indicative of a weak togenic response, in an *in vitro* assay in cultured Chinese Hamster Ovary. (CHO) cells. The genotoxic potential of methylphenidate has not been evaluated in an in vivo assav.

## Usage in Pregnancy

Adequate animal reproduction studies to establish safe use of Methylphenidate Adequate animar reproduction' studies to establish safe use of interripplientates Hydrochloride Chewable Tablets during pregnancy have not been conducted. However, in a recently conducted study, methylphenidate has been shown to have teratogenic effects in rabbits when given in doses of 200 mg/kg/day, which is approximately 167 times and 78 times the maximum recommended human dose on a mg/kg and a mg/m<sup>2</sup> basis, respectively. In rats, teratogenic effects were not een when the drug was given in doses of 75 mg/kg/day, which is approximate 62.5 and 13.5 times the maximum recommended human dose on a mg/kg and a mg/m<sup>2</sup> basis, respectively. Therefore, until more information is available vinhenidate should not be prescribed for women of childbearing age unles in the opinion of the physician, the potential benefits outweigh the poss

## ADVERSE REACTIONS

Nervousness and insomnia are the most common adverse reactions but are nervousiess and institution are the most common averse reactions but are usually controlled by reducing dosage and omitting the drug in the afternoon or evening. Other reactions include hypersensitivity (including skin rash, urticaria, fever, arthralgia, exfoliative dermatitis, erythema multiforme with histopathological findings of necrotizing vasculitis, and thrombocytopenic purpura); anorexia; nausea; dizziness; palpitations; headache; dyskinesia; drowsiness; blood pressure and pulse changes, both up and down; tachycardia angina: cardiac arrhythmia: abdominal pain: weight loss during prolonged py; libido changes; and rhabdomyolysis. There have been rare reports of

Tourette's syndrome. Toxic psychosis has been reported. Although a definite causal relationship has not been established, the following have been reported in patients taking this drug: instances of abdominal liver function, ranging from transaminase elevation to henatic coma: isolated cases of cerebral arteritis and/or occlusion: leukopenia and/or anemia: transient depressed mood: a few instances of scalp hair loss. Very rare reports of neuroleptic malignant syndrome (NMS) of scalp hair loss. Very rare reports of neuroleptic malignant syndrome (NMS) have been received, and, in most of these, patients were concurrently receiving therapies associated with NMS. In a single report, a ten year old boy who had been taking methylphenidate for approximately 18 months experienced an NMS-like event within 45 minutes of ingesting his first dose of venlafaxine. It is uncertain whether this case represented a drug-drug interaction, a response to either drug alone, or some other cause.

In children, loss of appetite, abdominal pain, weight loss during prolonged

overstimulation of the central nervous system and from excessive sympathomimetic effects, may include the following: vomiting, agitation, tremors, hyperreflexia, muscle twitching, convulsions (may be followed by coma). euphoria, confusion, hallucinations, delirium, sweating, flushing, headache hyperpyrexia, tachycardia, palpitations, cardiac arrhythmias, hypertension mydriasis, dryness of mucous membranes, and rhabdomyolysis

quidance and advice.

Treatment consists of appropriate supportive measures. The patient must be

Intensive care must be provided to maintain adequate circulation and respiratory exchange: external cooling procedures may be required for hyperpyrexia

Efficacy of peritoneal dialysis or extracorporeal hemodialysis for methylphenidate

Dosage should be individualized according to the needs and responses of the

**Directions** – Take this product (child or adult dose) with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. See choking warning.

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#### Children (6 years and over)

Methylphenidate Hydrochloride Chewable Tablets should be initiated in small

If improvement is not observed after appropriate dosage adjustment over a one-month period, the drug should be discontinued.

gradual increments of 5 to 10 mg weekl If paradoxical aggravation of symptoms or other adverse effects occur, reduce

## HOW SUPPLIED

Each Methylphenidate Hydrochloride Chewable Tablet 2.5 mg is available as a white colored, grape flavored round, flat faced, beveled edge tablet debossed with "NL" above and "570" below on the one side and plain on the other side.

Bottles of 100 NDC 43386-570-01

above and "571" below on the one side and plain on the other side.

Fach Methylnhenidate Hydrochloride Chewable Tablet 10 mg is available as a

Bottles of 100 ......NDC 43386-572-01

Novel Laboratories Inc. 400 Campus Drive merset, NJ 08873 IISA

Rev. 12/2015

CONTROL Proof Date: 12/23/2015 | Proof Time: 11:13 AM | Prepared by: jeanb IP Item#: NOVE-NP\_PI5700000202 15.625 x 10.875 (folded: 1.125 x 1.125) Item Iss./Rev. Date: 12-15 Cust. Part No.: PI5700000202 PO No Description: Methlylphenidate Hydrochloride Chewable Tabs (Gavis) Justomer: Novel ate Gavis Bar code details: Type: UPC-A Code: ☐ Approved Signature: Date: Resubmi





Specific etiology of this syndrome is unknown, and there is no single diagnostic

characteristics.

stimulant treatment

Methylphenidate Hydrochloride Chewable Tablets should be given cautiously to

Chronically abusive use can lead to marked tolerance and psychic dep

## PRECAUTIONS

Patients with an element of agitation may react adversely; discontinue therapy if

Drug treatment is not indicated in all cases of this behavioral syndrome an

When these symptoms are associated with acute stress reactions, treatment with

Long-term effects of Methylphenidate Hydrochloride Chewable Tablets in children

OVERDOSAGE Signs and symptoms of acute overdosage, resulting principally from

Consult with a Certified Poison Control Center regarding treatment for up-to-date

protected against self-injury and against external stimuli that would aggravate overstimulation already present. Gastric contents may be evacuated by gastric layage. In the presence of severe intoxication, use a carefully titrated dosage of a short-acting barbiturate before performing gastric layage. Other measures to detoxify the gut include administration of activated charcoal and a cathartic

DOSAGE AND ADMINISTRATION

Administer in divided doses 2 or 3 times daily, preferably 30 to 45 minutes before meals. Average dosage is 20 to 30 mg daily. Some patients may require 40 to 60 mg daily. In others, 10 to 15 mg daily will be adequate. Patients who are unable to sleep if medication is taken late in the day should take the last dose before

doses, with gradual weekly increments. Daily dosage above 60 mg is not

Chewable Tablets: Start with 5 mg twice daily (before breakfast and lunch) with

dosage, or, if necessary, discontinue the drug. Methylphenidate Hydrochloride Chewable Tablets should be periodically tinued to assess the child's condition. Improvement may be sustained

when the drug is either temporarily or permanently discontinued. Drug treatment should not and need not be indefinite and usually may be

## discontinued after puberty.

Each Methylphenidate Hydrochloride Chewable Tablet 5 mg is available as a white colored, grape flavored round, flat faced, beveled edge tablet debossed with "NL"

white colored, grape flavored round, flat faced, beveled edge tablet debossed with "NL" above the bisect and "572" below the bisect on one side and plain on the

Bottles of 100 ......NDC 43386-571-01

Protect from moisture. Dispense in tight container with child-resistant closure. Storage: Store at 20° to 25°C (68° to 77°F) [see USP Controlled Room

Somerset, NJ 08873

Ritalin is a registered trademark of Novartis Corporation Manufactured by: Manufactured for: GAVIS Pharmaceuticals, LLC

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#### MEDICATION GUIDE

# Methylphenidate Hydrochloride Chewable (II) Tablets

## 2.5 mg, 5 mg, and 10 mg

Read the Medication Guide that comes with Methylphenidate Hydrochloride Chewable Tablets before you or your child starts taking it and each time you get a refill. There may be new information. This Medication Guide does not take the place of talking to your doctor about your or your child's treatment with Methylphenidate Hydrochloride Chewable Tablets.

# What is the most important information I should know about Methylphenidate Hydrochloride Chewable Tablets?

The following have been reported with use of methylphenidate HCl and other stimulant medicines.

#### 1. Heart-related problems:

- sudden death in patients who have heart problems or heart defects
- stroke and heart attack in adults
- increased blood pressure and heart rate

Tell your doctor if you or your child have any heart problems, heart defects, high blood pressure, or a family history of these problems.

Your doctor should check you or your child carefully for heart problems before starting Methylphenidate Hydrochloride Chewable Tablets.

Your doctor should check you or your child's blood pressure and heart rate regularly during treatment with Methylphenidate Hydrochloride Chewable Tablets.

Call your doctor right away if you or your child has any signs of heart problems such as chest pain, shortness of breath, or fainting while taking Methylphenidate Hydrochloride Chewable Tablets.

# 2. Mental (Psychiatric) problems: All Patients

- new or worse behavior and thought problems
- new or worse bipolar illness
- new or worse aggressive behavior or hostility

#### **Children and Teenagers**

 new psychotic symptoms (such as hearing voices, believing things that are not true, are suspicious) or new manic symptoms

Tell your doctor about any mental problems you or your child have, or about a family history of suicide, bipolar illness, or depression.

Call your doctor right away if you or your child have any new or worsening mental symptoms or problems while taking Methylphenidate Hydrochloride Chewable Tablets, especially

seeing or hearing things that are not real, believing things that are not real, or are suspicious.

# 3. Circulation problems in fingers and toes [Peripheral vasculopathy, including Raynaud's phenomenon]: fingers or toes may feel numb, cool, painful, and/or may change color from pale, to blue, to red.

- Tell your doctor if you have or your child has numbness, pain, skin color change, or sensitivity to temperature in your fingers or toes.
- Call your doctor right away if you have or your child has any signs of unexplained wounds appearing on fingers or toes while taking Methylphenidate Hydrochloride Chewable Tablets.

# What Are Methylphenidate Hydrochloride Chewable Tablets?

Methylphenidate Hydrochloride Chewable Tablets are a central nervous system stimulant prescription medicine. Methylphenidate Hydrochloride Chewable Tablets are tablets that are made to be chewed and swallowed. They are used for the treatment of Attention Deficit and Hyperactivity Disorder (ADHD). Methylphenidate Hydrochloride Chewable Tablets may help increase attention and decrease impulsiveness and hyperactivity in patients with ADHD.

Methylphenidate Hydrochloride Chewable Tablets should be used as a part of a total treatment program for ADHD that may include counseling or other therapies.

Methylphenidate Hydrochloride Chewable Tablets are also used in the treatment of a sleep disorder called narcolepsy.

Methylphenidate Hydrochloride Chewable Tablets are a federally controlled substance (CII) because it can be abused or lead to dependence. Keep Methylphenidate Hydrochloride Chewable Tablets in a safe place to prevent misuse and abuse. Selling or giving away Methylphenidate Hydrochloride Chewable Tablets may harm others, and is against the law.

Tell your doctor if you or your child have (or have a family history of) ever abused or been dependent on alcohol, prescription medicines or street drugs.

# Who should not take Methylphenidate Hydrochloride Chewable Tablets?

## Methylphenidate Hydrochloride Chewable Tablets should not be taken if you or your child:

- are very anxious, tense, or agitated
- have an eye problem called glaucoma
- have tics or Tourette's syndrome, or a family history of Tourette's syndrome. Tics are hard to control repeated movements or sounds.
- are taking or have taken within the past 14 days an antidepression medicine called a monoamine oxidase inhibitor or MAOI.
- are allergic to anything in Methylphenidate Hydrochloride Chewable Tablets. See the end

of this Medication Guide for a complete list of ingredients.

Methylphenidate Hydrochloride Chewable Tablets should not be used in children less than 6 years old because it has not been studied in this age group.

Methylphenidate Hydrochloride Chewable Tablets may not be right for you or your child. Before starting Methylphenidate Hydrochloride Chewable Tablets tell your or your child's doctor about all health conditions (or a family history of) including:

- heart problems, heart defects, high blood pressure
- mental problems including psychosis, mania, bipolar illness, or depression
- tics or Tourette's syndrome
- seizures or have had an abnormal brain wave test (EEG)
- circulation problems in fingers and toes

Tell your doctor if you or your child is pregnant, planning to become pregnant, or breastfeeding.

# Can Methylphenidate Hydrochloride Chewable Tablets be taken with other medicines?

Tell your doctor about all of the medicines that you or your child take including prescription and nonprescription medicines, vitamins, and herbal supplements.

Methylphenidate Hydrochloride Chewable Tablets and some medicines may interact with each other and cause serious side effects. Sometimes the doses of other medicines will need to be adjusted while taking Methylphenidate Hydrochloride Chewable Tablets.

Your doctor will decide whether Methylphenidate Hydrochloride Chewable Tablets can be taken with other medicines.

# Especially tell your doctor if you or your child takes:

- anti-depression medicines including MAOIs
- · seizure medicines
- blood thinner medicines
- blood pressure medicines
- cold or allergy medicines that contain decongestants

Know the medicines that you or your child takes. Keep a list of your medicines with you to show your doctor and pharmacist.

Do not start any new medicine while taking Methylphenidate Hydrochloride Chewable Tablets without talking to your doctor first.

# How should Methylphenidate Hydrochloride Chewable Tablets be taken?

- Take Methylphenidate Hydrochloride Chewable Tablets exactly as prescribed.
   Your doctor may adjust the dose until it is right for you or your child.
- Methylphenidate Hydrochloride Chewable Tablets are usually taken 2 to 3 times a day.

- Take Methylphenidate Hydrochloride Chewable Tablets 30 to 45 minutes before a meal.
- Chew Methylphenidate Hydrochloride Chewable Tablets well and swallow with at least 8 ounces (a full glass) of water or other liquid. Methylphenidate Hydrochloride Chewable Tablets can swell and cause choking if enough liquid is not taken with them. Get emergency medical care if you have chest pain, vomiting, or trouble swallowing, or breathing after taking a Methylphenidate Hydrochloride Chewable Tablet.
- From time to time, your doctor may stop Methylphenidate Hydrochloride Chewable Tablets treatment for awhile to check ADHD symptoms.
- Your doctor may do regular checks of the blood, heart, and blood pressure while taking Methylphenidate Hydrochloride Chewable Tablets. Children should have their height and weight checked often while taking Methylphenidate Hydrochloride Chewable Tablets. Methylphenidate Hydrochloride Chewable Tablets treatment may be stopped if a problem is found during these check-ups.
- If you or your child takes too much Methylphenidate Hydrochloride Chewable Tablets or overdoses, call your doctor or poison control center right away, or get emergency treatment.

What are possible side effects of Methylphenidate Hydrochloride Chewable Tablets?

See "What is the most important information I should know about Methylphenidate Hydrochloride Chewable Tablets?" for information on reported heart and mental problems.

## Other serious side effects include:

- slowing of growth (height and weight) in children
- seizures, mainly in patients with a history of seizures
- · eyesight changes or blurred vision
- Painful and prolonged erections (priapism) have occurred with methylphenidate. If you or your child develop priapism, seek medical help right away. Because of the potential for lasting damage, priapism should be evaluated by a doctor immediately.

#### Common side effects include:

- nervousness
- · trouble sleeping
- headache
- stomach ache
- · fast heart beat
- nauseadecrease
- decreased appetitedizziness
- weight loss
- Talk to your doctor if you or your child has side effects that are bothersome or do not go away.

This is not a complete list of possible side effects. Ask your doctor or pharmacist for more information

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

# How should I store Methylphenidate Hydrochloride Chewable Tablets?

- Store Methylphenidate Hydrochloride Chewable Tablets in a safe place at room temperature, 68° to 77°F (20° to 25°C). Protect from moisture.
- Keep Methylphenidate Hydrochloride Chewable Tablets and all medicines out of the reach of children.

## General information about Methylphenidate Hydrochloride Chewable Tablets

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use Methylphenidate Hydrochloride Chewable Tablets for a condition for which it was not prescribed. Do not give Methylphenidate Hydrochloride Chewable Tablets to other people, even if they have the same condition. It may harm them and it is against the law.

This Medication Guide summarizes the most important information about Methylphenidate Hydrochloride Chewable Tablets. If you would like more information, talk with your doctor. You can ask your doctor or pharmacist for information about Methylphenidate Hydrochloride Chewable Tablets that was written for healthcare professionals.

What are the ingredients in Methylphenidate Hydrochloride Chewable Tablets?

CAUTION PHENYLKETONURICS: Methylphenidate Hydrochloride Chewable Tablets contain phenylalanine.

Active Ingredient: methylphenidate hydrochloride USP

**Inactive Ingredients:** aspartame, maltose, microcrystalline cellulose, grape flavor, pregelatinized starch, phosphoric acid, and stearic acid.

This Medication Guide has been approved by the U.S. Food and Drug Administration.

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