

Albuterol sulfate  
inhalation aerosol device

# Directions for use



This brochure supports the **Instructions for Use** found in the Package Insert for the albuterol inhaler made by Lupin Pharmaceuticals, Inc. This information does not take the place of talking to your doctor about your medical condition or your treatment. Please read the **Instructions for Use** before you take your medicine.

## GET TO KNOW THE PARTS OF YOUR INHALER

### *Inhaler:*

When the canister and the actuator are put together, it's usually called the inhaler.

### *Canister:*

This is metal and looks like a barrel. It has the medicine in it.

### *Actuator:*

This is the blue plastic piece. It sprays medicine from the canister into your mouth.

### *Dose indicator:*

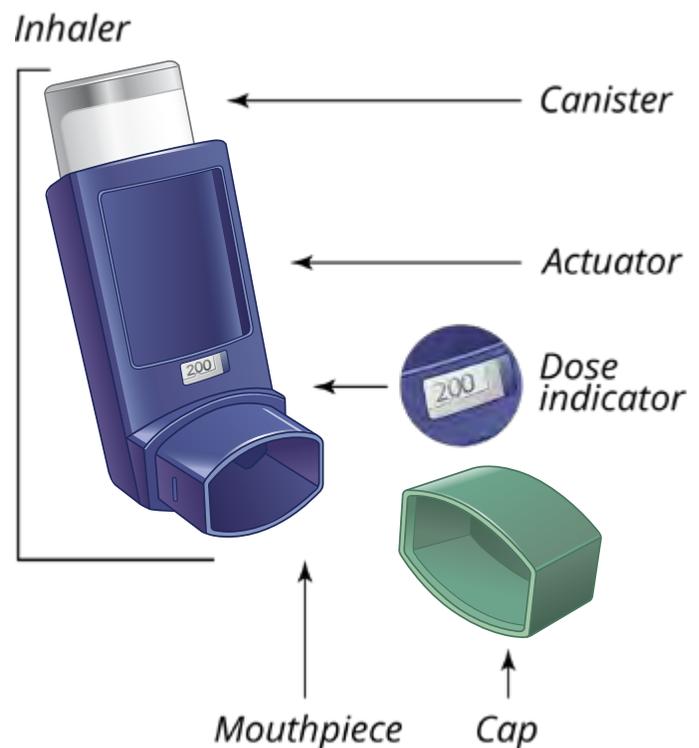
This shows the number of sprays left in the canister. The red background color lets you know when you need a refill.

### *Mouthpiece:*

This is the short part of the inhaler that goes in your mouth. It comes with a cap.

### *Cap:*

This green cap covers the mouthpiece and protects it from dust or other things getting inside.



**NOTE:** There is a recent minor update to the dose indicator tape color. The color has changed from green to white for readability and there are no other changes to the inhaler.

### *The Lupin actuator and the Lupin canister are designed to work together*

- **Do not** use this actuator with a canister of medicine from any other inhaler
- **Do not** use this canister with an actuator from any other inhaler
- Mixing actuators and canisters could damage your inhaler, and you might not get the right amount of medicine

# GETTING YOUR INHALER READY FOR THE FIRST TIME

Before you use this inhaler for the first time, you will need to get it ready. This is called “priming” it (or to “prime” it). This will help make sure there is enough medicine in each spray. **You do not need to prime your inhaler every time.**

## STEP 1



Take the inhaler out of the package, then remove the green dust cap from the mouthpiece

## STEP 2



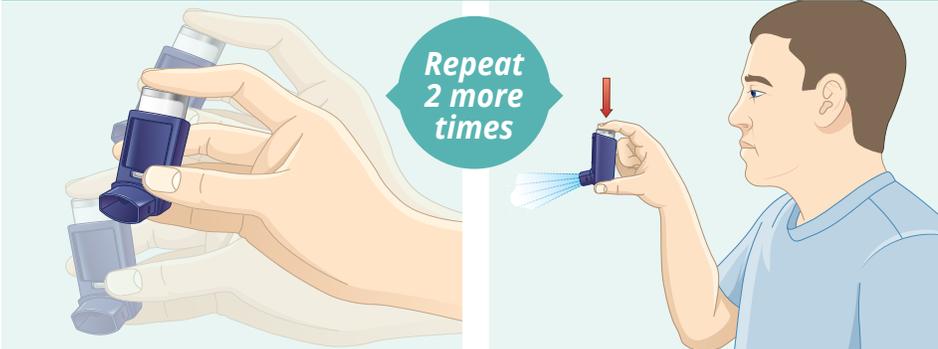
Shake the inhaler well

## STEP 3



Spray the inhaler into the air away from your face

## STEP 4



Shake and spray the inhaler like this **2 more times** to finish priming it

## STEP 5



The dose indicator should show the number “200” after you prime the inhaler

## What to remember about priming your inhaler

- You only need to prime your inhaler the first time you use it, or if it has been more than 14 days since the last time you used it
- Before each use, make sure the metal canister fits firmly into the blue plastic actuator. Also, look into the mouthpiece to make sure it's clear of foreign objects
- **Do not** prime your inhaler every day. Priming more than you need to will waste the medicine

# HOW TO USE YOUR INHALER

## STEP 1



**Shake the inhaler well** before each spray



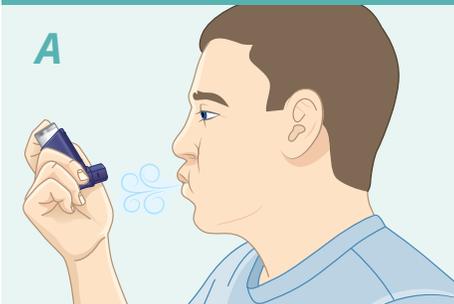
Take the cap off the mouthpiece

## STEP 2

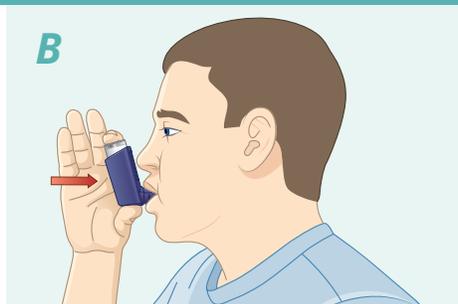


Hold the inhaler with the mouthpiece down

## STEP 3



**Breathe out through your mouth** and push as much air from your lungs as you can



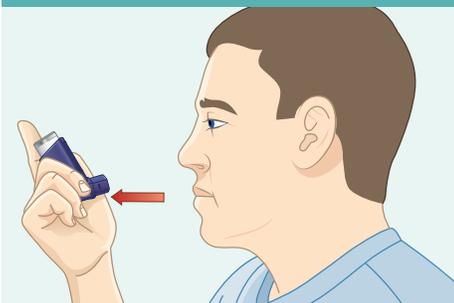
Put the mouthpiece in your mouth and close your lips around it

## STEP 4



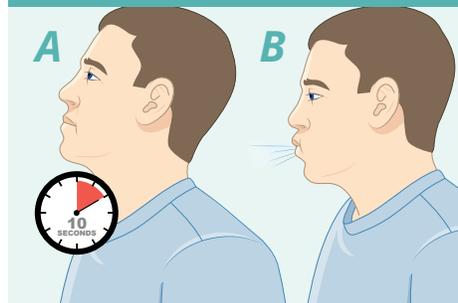
**Push the top of the canister all the way down while you breathe in deeply and slowly through your mouth**

## STEP 5



Right after the spray comes out, take your finger off the canister. After you have breathed in all the way, take the inhaler out of your mouth and close your mouth

## STEP 6



Hold your breath as long as you can, up to 10 seconds, then breathe normally

- **If your doctor has told you to use more sprays**, wait 1 minute and shake the inhaler again. Repeat Step 2 through Step 6

## STEP 7



Put the cap back on the mouthpiece after every time you use the inhaler. Make sure the cap snaps firmly into place

## *Cleaning your inhaler is very important*

Clean your inhaler with warm water at least once a week while it's in use. If you do not clean it, medicine could build up and block the spray. This will stop the inhaler from working.

# HOW TO CLEAN YOUR INHALER



Take the metal canister out of the actuator. **Do not** let the canister get wet



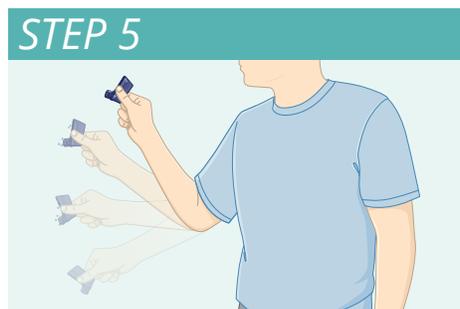
Take the cap off the mouthpiece



Hold the actuator under the faucet and run warm water through it for about 30 seconds



Then turn the actuator upside down and run warm water through the mouthpiece for about 30 seconds



Shake off as much water from the actuator as you can



Look in the mouthpiece to make sure any medicine build-up has been completely washed away

- If there is any build-up, repeat Steps 3 to 5



Let the actuator air dry completely, such as overnight



When the actuator is dry, put the canister in the actuator and make sure it fits firmly. Then shake the inhaler well and spray it twice into the air away from your face



Put the cap back on the mouthpiece

## What to remember about cleaning your inhaler

- All you need is warm water to clear medicine build-up
- Only the actuator and the mouthpiece need to be cleaned
- **Do not** try to clean the metal canister
- **Do not** use soap (or other cleaning products) when cleaning your inhaler
- **Do not** try to clean the inhaler with objects (like pins or knives)
- **Do not** put your inhaler in a dishwasher
- **Do not** spray more doses if the actuator is clogged; this will only block the inhaler more

# FREQUENTLY ASKED QUESTIONS

## How does the dose indicator work?

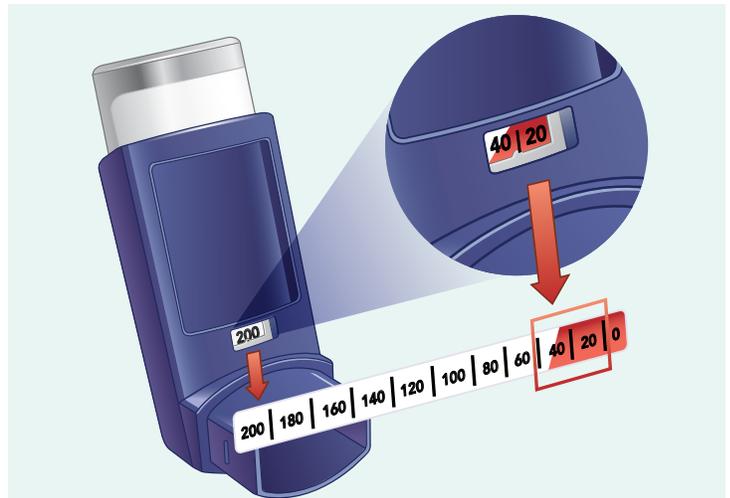
The dose indicator lets you know when you need a refill. It keeps an exact count of every spray, but it only moves after every 5 to 7 sprays.

Use the colors to see when you need a refill.

- **White** means you have enough medicine
- **Red** reminds you to refill your prescription or ask your doctor for another prescription

Throw away (discard) the inhaler once the dose indicator displays "0".

- You should not keep using the inhaler after 200 sprays even if the canister is not empty
- You cannot be sure you will get any medicine in a spray after the dose indicator shows "0"



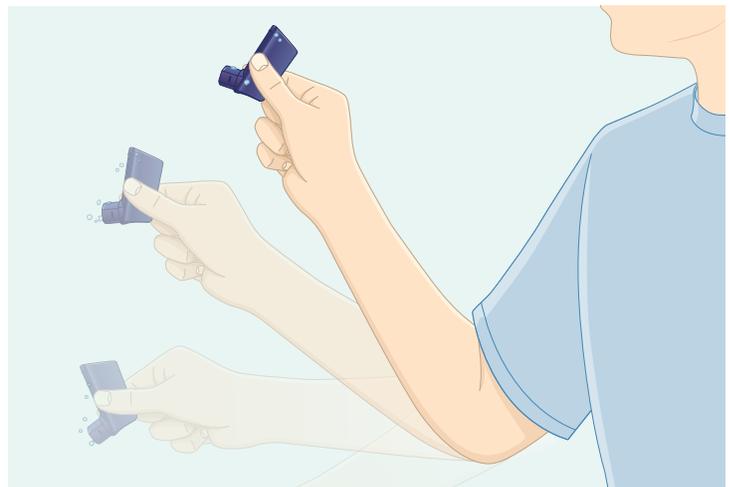
When the dose indicator is red, it's time for a refill

## What if I need to use the inhaler before it air dries?

Using the inhaler before it dries is **not recommended**. Medicine build-up is more likely to happen if you do not let the actuator air-dry completely.

If you must use the inhaler before it air dries, please take these steps:

- Shake as much water off the actuator as you can
- Place the canister in the actuator and make sure it fits firmly
- Shake the inhaler well and spray it twice into the air away from your face
- Take your albuterol inhalation aerosol dose as prescribed
- Follow the cleaning instructions on page 4



Shake as much water off as you can

## What should I do if medicine is not coming out when I press down?

You could have medicine build-up blocking the spray. Cleaning your inhaler with warm water can help fix this. Let the inhaler air dry before use.

If you are still having trouble after following the cleaning instructions on page 4, please call **1-800-399-2561** from 8:00 AM to 5:00 PM EST, Monday through Friday.



Medicine build-up can block the mouthpiece

# HELPFUL TIPS FOR USING THIS INHALER

## Keeping it Clean



- Wash with warm water once a week while it's in use
- All you need is warm water to clear medicine build-up
- Allow to fully air dry, such as overnight, after cleaning it
- **Do not** clean it with anything other than warm water
- **Do not** wait longer than a week to clean it
- **Do not** try to clean the inhaler with objects (like pins or knives)

## Taking Your Medicine



- Take your medicine as directed by your doctor, using only the canister and the actuator of the same inhaler
- Put the cap on after every use
- When the dose indicator starts to turn red, call your pharmacy or doctor for a refill
- **Do not** use the inhaler after the dose indicator displays "0"
- **Do not** spray more doses if the actuator is clogged; this will only block the inhaler more

To watch an instructional video or for more information, visit [www.lupin.com/albuterol](http://www.lupin.com/albuterol)



## Need more help?

If you are still having trouble with your inhaler after cleaning it, please call **1-800-399-2561** from 8:00 AM to 5:00 PM EST, Monday through Friday.

# APPROVED USE

Albuterol sulfate inhalation aerosol is a prescription medicine for use in people 4 years of age and older to:

- treat or prevent bronchospasm in people with reversible obstructive airway disease
- prevent exercise-induced bronchospasm

# IMPORTANT SAFETY INFORMATION

- **Do not use albuterol sulfate inhalation aerosol if you** are allergic to albuterol sulfate or any other albuterol sulfate inhalation components. Ask your healthcare provider if you have any questions or are not sure.
- **Before using albuterol sulfate inhalation aerosol, tell your healthcare provider about all of your medical conditions, including if you:**
  - have heart problems
  - have high blood pressure (hypertension)
  - have convulsions (seizures)
  - have thyroid problems
  - have diabetes
  - have low potassium levels in your blood
  - are pregnant or planning to become pregnant
  - are breastfeeding or planning to breastfeed
- **Tell your healthcare provider about all the medicines you take, especially:**
  - other inhaled medicines or asthma medicines
  - beta blocker medicines
  - diuretics
  - digoxin
  - monoamine oxidase inhibitors
  - tricyclic antidepressants
- **Do not** increase your dose or take extra doses of albuterol sulfate inhalation aerosol without first talking to your healthcare provider
- Get medical help right away if albuterol sulfate inhalation aerosol no longer helps your symptoms, your symptoms get worse or you need to use your inhaler more often
- While you are using albuterol sulfate inhalation aerosol, do not use other inhaled rescue medicines and asthma medicines unless your healthcare provider tells you to do so

- Albuterol sulfate inhalation aerosol may cause serious side effects, including:
  - **worsening trouble breathing, coughing and wheezing (paradoxical bronchospasm).**

If this happens, stop using albuterol sulfate inhalation aerosol and call your healthcare provider or get emergency help right away. This is more likely to happen with your first use of a new asthma inhalation medicine

- **heart problems, including faster heart rate and higher blood pressure**
- **possible death in people with asthma who use too much albuterol sulfate inhalation aerosol**
- **allergic reactions.** Call your healthcare provider right away if you have the following symptoms of an allergic reaction:
  - itchy skin
  - swelling beneath your skin or in your throat
  - rash
  - worsening trouble breathing
  - **changes in laboratory blood values (sugar, potassium)**
- The most common side effects of albuterol sulfate inhalation aerosol include:
  - your heart feels like it is pounding or racing (palpitations)
  - chest pain
  - fast heart rate
  - shakiness
  - nervousness
  - headache
  - dizziness
  - sore throat
  - runny nose
- These are not all of the possible side effects of albuterol sulfate inhalation aerosol. For more information, ask your healthcare provider or pharmacist

- You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088

**Please read the Full Prescribing Information.**



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